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Didakhe



Depression leh Mahni Intihhlum Phêk 4

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A chhûnga thu awmte

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Didakhe-a thu chhuahte hi Aizawl Theological College (ATC) emaw,
Editorial Board emaw ngaihdân a ni kher lo.

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Editorial:**DIDAKHE CHANCHINBU HI**

Didakhe hi Aizawl Theological College Faculty te chanchinbu buatsaih leh tihchhuah tawh zawng zawng zinga upa ber a ni a, kum 1972 aṅang khan khaihlak awm lovin tun thlengin tihchhuah a la ni a, kum 43 hmêl a lo hmu ta reng mai. Hêng hun chhûng zawnga Pathian hruaina kan dawn avângin Pathian chungah kan lâwm a, *Didakhe* buaipuitute leh ATC-a thawktu zawng zawngte chungah pawh kan lâwm hle a ni.

Didakhe chanchinbu hi kohhran hruaitu te, pulpit rawngbawltu te, Pathian thu ngaih sak mi mal leh chhûngkaw tinte tân leh Pastor leh Upate tâna siam a ni a. Kohhran mite zirtirna dika châwmna hmanraw ṅangkai leh ṭha tak a lo ni ṭhîn angin, tun hnu zêlah pawh Bible thu hriat nân leh kohhran kalhmang hriat nâna hmanraw ṅangkai tak ni zêl se tih hi kan duhtusâm a ni. *Didakhe* min hlutsaktute leh a chhiartu apiangten a buatsaitute thiltum leh ngaih pawimawh zâwngte hre rengin chhiar tum ila, kan hlâwkpu i ngei ang tih a rinawm.

Kohhrana mi nawlpui mamawh phuhrûk tur leh rawngbawltute mamawh chhâng thei tura buatsaih a nih avângin a tîr lamah chuan ‘In zawhna kan chhânate’ tih a awm ṭhîn a. Hêngte hi hre rengin tih chhunzawm zêl pawh tum a ni a, tun ṭumah pawh hian kohhran mite mamawh leh hriat ṭûl tak, India rama Presbyterian Kohhran (PCI) thurin lo zîk chhuah dân chhuina leh tunlai khawtlang leh kohhranin kan buaipui – depression leh mahni intihhlum (Suicide) chungchang kan rawn tichhuak a ni. A chhiartu zawng zawngte tân thil ṅangkai tak ni thei sela, hlâwkpu i leh chhawr ṅangkai i tum theuh ang u.

Chhiartu zawng zawngte Lalpa’n malsâwm che u rawh se.

KEIMAHNI

1. **NEITA Seminar-ah** : May 6-7, 2015 khan Guwahati-ah North East India Theological Association (NEITA) Seminar neih a ni a, ATC aṭangin Rev. Laldingluaia leh Rev. Lalfakawma Raltete an kal a, Rev. Laldingluaia hian paper a present bawk.
2. **ATC-ah Pastors' Retreat** : May 12-15, 2015 chhûng awh Mizoram Presbyterian Kohran hnuaia Pastor-te Retreat chu ATC-ah nghah a ni a. 'Tunlai khawvêl leh Pastor rawngbawlna' tih thupui chu speaker Rev. Vanlabela'n tum thum a sawi a, ngaithlatute a hneh hle. Kumin retreat-ah hian Pastor-te an kal ṭha a, a kalte chuan an hlâwkpui tlang khawp mai.
3. **Faculty Seminar** : ATC-a zirtirtute chuan May 21, 2015 khan Seminar on 'Indigenous/Tribal Resources for the Development of Theological Education in North East India' an nei a, discipline hrang hranga zirtirtuten paper an present a, Rev. Dr. H. Vanlalauva'n Keynote Address a sawi bawk.
4. **ATC-a Thawktute Retreat** : May 22, 2015 khan ATC-a thawktu (Teaching & Non-Teaching Staff)-te chuan Millions Picnic Spot, Lawipu-ah intuaitharna (retreat) hlimawm tak an nei.
5. **ATC Campus Naupangte Picnic** : May 23, 2015 khan ATC-a naupangte leh an nu leh pa ṭhenkhat chu Rev. Dr. H. Vanlalruata leh Pu Thankima hovin Park Eden, Falkland-ah hlim takin an picnic.
6. **ATC-ah Synod Lay Day** : Synod Lay Day chu May 29, 2015 khan ATC-ah nilênga hman a ni a. Thupui 'Tunlai harhna leh rawngbawltute' tih chu speaker Upa C. Ngurthantluanga'n thiam tak leh ngaihnawm takin a sawi a, tlaiah ruai tui tak an ṭheh ho nghâl.
7. **Calvin Seminar** : June 6, 2015 khan Serchhip Vengchung Bialah Calvin Seminar neih a ni a. He Seminar-ah hian Prof. T.

Vanlaltlani (Director), Rev. Dr. Lawmsanga, Rev. Dr. H. Lalrinthanga leh Pu Thankima (Librarian)-te an kal a; Rev. Dr. Lawmsanga leh Rev. Dr. H. Lalrinthanga-te paper ziah an zir ho.

8. Moral Reform Seminar : June 6, 2015 khan Chhingchhip Venghlun Kohhranah *Seminar on Moral Reform* neih a ni a, Rev. Prof. C. Lalhlira (Principal) leh Rev. Lalfakawma Ralteten he hun hi an han hmanpui a, Rev. Lalfakawma paper ziah zir ho a ni.

9. Harhna chungchang zir hona : ATC Faculty chuan tunlaia Kelkang leh North Vanlaiphai vêla harhna/hlimna boruak zir chiang turin Rev. Dr. Lawmsanga, Rev. Dr. H. Vanlalruata leh Rev. Dr. K. Lallawmzuala-te a tir a. An zir chianna aṅanga paper an ziah chu June 11, 2015 khan ATC Faculty member-ten an zir ho.

10. ATC Annual Retreat : Kum tina tih ṭhin angin June 18-19, 2015 chhûng khan ATC-a thawktute leh zirlaiten intuaitharna hun (Annual Retreat) an hman. Upa Chhawnvunga, Mission Veng chu Speaker a ni a, thupui ‘The Need of the World – Jesus Christ, the Good Shepherd’ tih chu zir ho a ni. Zan lam hi ATC-a chhûngkuate huap zo tura ruahman a ni a, Rev. Lalzuithanga, Synod Senior Executive Secretary-in Pathian thu a sawi thung.

11. Lekhahu thar : Mizoram Theological Literature Committee (MTLC) buatsaih *Thuthlung Thar Hrilhfiahna* (Mizo) leh Didakhe Editorial Board buatsaih *Didakhe Thuziak Thlan Chhuah (2003-2012)* te chu Pastors’ Retreat lain tihchhuah a ni a, hralh zui nghâl a ni.

12. Taiwanese zirlai : Tainan Theological College, Taiwan aṅangin zirlai pathum – Rii, Chinchun leh Yu Ping-te chu chawlhkar 8 châm turin June 30, 2015-ah ATC an lo thleng. Anni hi ATC-ah zirtirna pêk an ni a, Mizorama thil chi hrang hrang zirpui mêk an ni.

DEPRESSION LEH MAHNI INTIHLUM

– Rev. R. Vanlalthuanga

Thuhmahruai

Tunlai hian kan ramah mahni intihlum an tam hle mai. NeLiCS (New Life Charity Society)-in a tar lan dân chuan kum 10 chhûngin (2014 June thleng) Mizoramah mahni intihlum 691 an awm tawh a ni. Kum 2015 January-June thla chhûng khan mahni intihlum mi 52 an awm a. Mipa 33, hmeichhia 19 an ni. Hêng zinga upa ber chu kum 63 mi a ni a, a naupang ber chu kum 13 mi a ni. Kum 15-25 inkâr an tam ber.¹ Hêng bâkah hian chhinchhiah loh te pawh an awm thei ang tih a rinawm. July thla tir tê khan Mizote zinga psychiatrist (doctor) lâk tak pakhat chuan social media-ah a contact number tar langin, “Thih châk...ţanpui duh si, pan tur hre si lo tân ka phone-ah hian min rawn text mai teh u...” tiin a in-volunteer a. Ni nhieh chhûng lekin mi 79 laiin an ‘text’ niin a sawi. Kan dinhmun hi a  a lo hle mai. Mipui vântlangin kan hriatpui loh hian kan ramah mi beidawng, dam thlahlel mang lo kan tam hle a ni  wm e.

Mahni intihlum duh chhan hi tam tak a awm thei ang. *Comprehensive Textbook of Suicidology*-in a tar lan dân chuan mahni intihlum zingah zaa sawmkua (90%) lai chuan ‘depression’ leh rilru natna eng emaw tak an nei a ni.² Tin, depression nei zinga zaa sawmli (40%)-te chuan mahni intihlum chungchang an ngaihtuah  n baw.³ Heta  anga thil chhinchhiah tl k tak chu – mahni intihlumte hian depression an nei nasa hle a ni. Hetiang thilte rilrua hre reng chungin, tun  umah hian depression leh mahni intihlum chungchang hi kan zir ho d wn a ni. Kan thu chhiartute hi a tlangpui thu-ah mi puitling takte kan ni a; chuv ngin, he thu pawh hi ‘ţanpuitu rilru’  anga chhiar turin kan inng n a ni.

1. Depression chu eng nge ni?

‘Depression’ tih thu hi kan hmang tlanglawn khawp mai a, Mizo  awnga dah thiam erawh chu a har hle. Depression hi ‘mood disor-

der' a ni a, chu chu rilru puthmang dik lo nasa tak tihna a ni mai awm e.⁴ Depression neite awm dân thenkhat tar lang ila, chuta tang chuan a awmzia chu kan hre thei mai ang. Chhan awm lêm lova hlim loh riau te, nguai bûr te, zawi ngawih ngawih te, a thim zâwnga thil thlir tlat te, thiltih laia rilru pêk theih tlat loh te, eng mah thawk si lova hah hluah hluah te kan nei thin. Hetianga kan awm fo a nih chuan depression kan nei a ni duh khawp mai.

American Psychiatric Association (APA)-in rilru lam natna zir chianna a buatsaih – Diagnostic and Statistical Manual of Mental Disorders - IV (DSM-IV)-a a tar lan dân chuan, miin a hnuaiia thilte hi pathum emaw, a aia tam emaw a ruala a tuar a nih chuan depression a nei ni-ah an ngai:

- 1) Rilru nguai bûr reng;
- 2) Phûrna tlahniam – thil eng mah tih that peih loh;
- 3) Hun rei lo te chhûnga taksa rihna tlahniam thut/rihna pung thut;
- 4) Zan mut theih loh, zanlaia harh fo emaw, mut dân pangngai aia mut nasat lutuk emaw;
- 5) Hah hluah hluah leh zawi ngawih ngawih;
- 6) Nun/Dam awmzia awm lova hriatna leh beidawna;
- 7) Thih daih duhna;
- 8) Thil ngaihtuah mumal theih lohna;
- 9) Chaw ei tui loh emaw, ei tui lutuk emaw;
- 10) Rilru za ruai emaw, rilru mang dup emaw.⁵

2. Depression awmtirtu langsarte

Chhan tam tak vângin miin depression a nei thei. Depression awmtirtu (causes) lâr zualte chu:⁶

- Inthlah chhâwn thil (genetic) – chhûngkua, thlahtu bul lamah depression lo nei tawh an awm chuan depression neih a awlsam.
- Zu leh ruihhlo – zu leh ruih theih thil khawih nasate zingah depression a hluar hle.
- Thil ngaihhlut tak hlohna/châna – chhûngte leh thian hnaite

thihna, ngaihzâwng nêna inthenna, natna khirh tawrhna (loss of health), sum leh pai leh thil ngaihhlut zâwng tak chân/hloh hian depression a thlen thei.

- Chhûngkaw inenkawlna fel lo – chhûngkaw nun buai, inenkawlna mumal lo aṭanga sei liante hian depression an nei hma bik ṭhîn.
- Thil ṭha lo leh hrehawm tawrhna – mipat hmeichhiatna kawnga tawhsual tâwk leh humsual dai te, thil zahthlâk tak, manganthlâk tak leh hlawhchhamna tuar te hian depression an nei sam hle.
- Ṭhian leh ngaihsaktu neih loh – ṭhian ṭha leh ngaihsaktu neih ṭhat loh hi depression awmtirtu langsar tak a ni bawk.

Tin, depression tuar nasa ber nia sawi chu ṭhalaite hi an ni.⁷ Tunlai khawvêl hmasâwnna hian thil ṭha tam tak a ken rualin thil ṭha lo tam tak a keng tel. Ram hausâ leh changkang zâwka mite nun dân chu awlsam takin kan hmuin kan hre thei reng a, chu chuan awhna nasa takah kan ṭhalaite hi a hruai lût thei. Zima, incheina, lifestyle, electronic, adt. thilah an duh ang leh ît zâwng an thleng zo lo va. Umphâk theih loh khawpa khawvêl hmasâwnna kal zêl hian mi tam tak chu nun beidawna ruamah a hruai lût a, depression nasa tak an neih phah ṭhîn a ni.

Tunlai hmasâwnnain a ken tel langsar tak chu mahni inngaih pawimawh êm êmna (individualism) hi a ni a. Inṭhenawm khawvêna thilah kan intlawhpawh lo tial tial a, mi dang hnêna sawi ngam loh harsatna a tam ta hle. Ṭhian ṭha ber leh chhûngte pawh hrilh ngam loh thil a awm thei ta! Chutih rual chuan harsatna sawi chhuah ngamna tur ṭhian ṭha leh rin tlâk neih loh pawh thil awm thei tak a ni ang. Chutiang dinhmunah chuan a rûkin nun a ipik a, khua a har ru veng veng ṭhîn. Nun inbun ruahna tur kan mamawh a, kan hmuh mai si loh chuan depression neih a awlsam hle a ni.

3. Depression leh mahni intihlum duhna chu

Thuhmahruai lama kan tar lan tawh ang khan, mahni intihlum zinga 90% lai chuan depression leh rilru natna eng emaw tak an nei a; tin, depression nei zinga 40% chuan mahni intihlum duhna an nei bawk.

Finland ramah pawh depression neih vânga enkawl na dawngtute zinga 20% chuan mahni intihhlum an tum tak tak thu tar lan a ni.⁸ Jamison pheh chuan depression nei 25–50% laiin vawi khat tal chu intihhlum an tum niin a sawi nghe nghe.⁹ Mal khaiah chuan depression hi mahni intihhlum duhna chhan lian ber a ni ngei e. Depression bâka a chhan lian zualte chu – zu leh ruihhlo ngawl veina leh *schizophrenia*-te a ni.¹⁰

4. Depression vânga mahni intihhlum tumte awm dân tlangpui¹¹

Mahni intihhlum duhna neite hian eng emaw ti zâwng tal chuan an lan chhuahtir thî. Intihhlum duh mah se *an huphurh êm êm a, a pumpelhna an zawng hrâm hrâm a, kawng dang a awm ngang lo nia an hriat hnuah mahni an intihlum thî a ni*.¹² Hemi hun chhông hian tawngka emaw, chetziain emaw thih daih an duh thu an lantir tlangpui a, hei hi kan hriat thiam chuan mahni intihlum lo turin kan pui thei ngei ang le.

4.1 Mahni intihhlum chungchang an ngaihtuah nasa hle thî (suicide ideation). Nun awmzia te an chhût vak vak a, ‘lo piang lo law law ila tha tur’, ‘dam reng hi awmzia a awm lo’, ‘thih hnuah eng nge lo awm ang?’ tih te an ngaihtuah fo. Mahni intihlum dâwn ta ila engtia tih nge tha ang a, khawi hmunah nge ni ang tih te pawh an rilruah a awm nasa hle a ni. Zawhna mak tak tak an zâwt fo va, a tlangpuiin thih an duh/nun an nin thu pawh tawngkain emaw, ziakin emaw (media lamah te) an sawi zauh thî. Sawi chhuak miah lo pawh an awm tho tih erawh chu hria ila.

4.2 Zu leh ruih theih thil dang an hmang uar sauh thî. Depression nei nasate zingah ‘ruih chhum hmawk’ duhna a lian hle. Harhfima awm an ngam lo va, an rilru hahna leh lungngaihna chhâwk tumin a hma aia nasain ruih an duh a ni. Thihna chungchang pawh rilru fim taka ngaihtuah an duh lo.

4.3 Mahni insitna lian tak an nei a, mi dang tluk lo, mite tâna phurrit mai niin an inhria. An nun hian awmzia a nei lo niin an ngai a, dam reng ai chuan thih mai kha tha zâwkin an ngai a ni. Hma lam hun

hlimawm beiseina an nei thei lo va, an beidawng êm êm mai a ni.

4.4 Chhan awm lovin an hlim lo êm êm a, an nguai bûr a, an zawi ngawih ngawih a, an thin a chhe tûk ðîn. Inthup erawh chu an tum hle. Zan lamah an mu mumal lo va, ei leh in thu-ah pawh an mumal lo sawt ðîn.

4.5 An ngaihtuah dân phung leh rilru puthmang a inthlâk danglam daih ðîn a, tun hmaa harsatna awlsam taka an pal tlang ðin pawh harsa an ti thar hle a ni. Duhthlan tur pahnih chauh awm niin an ngai a, a pathumna an hmu thiam ðîn lo.

4.6 Chhôngkua, kohhran, khawtlang leh an ðiante lak atangin an inthiarfihlim tial tial ðîn. Mahnia awma, thil ngaihtuah veng veng nuam an ti a, mi dang chîm buai an ngaithei lo hle. Tun hma lama an nuam tih zâwng leh tui zâwng pawh an ti ða peih meuh lo va. Sikul leh zirna lamah pawh an inthlahdah hle ðîn.

4.7 An thin a chhia a, awmze nei lova thinrim leh tihtauh an chîng hle a, kut thlâk mai pawh an awlsam ðîn. Mi dangin an ngaihsak lo niin an inhria a, sawisêl tur leh mawhpuh tur an hre thei êm êm a ni. Phuba lâk an châk a, ‘mahni intihlum daih ila, an tuar ve khawp ang’ tih hi an rilru put hmang a ni duh hle.

4.8 An ngaih a sam a, thu hnu an dâwn lo. Anmahni leh mi dang tâna pawl tur leh inchhir lehna tur pawh tih mai an hreh lo.

4.9 An mizia a inthlâk thut thut ðîn bawk. ðhenkhat chu an hawih-háwm thar thut a, mi dang an ‘care’ thar thut ðîn. Chhôngkhat laina leh ðiante tlawh kualin chibai an sem a, an ‘mangþa’ kual chiam a, thuchah mak tak tak an sawi ðîn bawk. Hetiang an tih hi chuan mahni intihlum an tum hnaivai hle tawh a ni tlangpui.

5. Depression vânga mahni intihlum duhte ðanpui dân

Depression vânga mahni intihlum hial duhtute hi ðanpui theih an ni a. ðanpui theih an nih mai piah lamah ðanpui an mamawh ngawih ngawih zâwk a ni. Mahni intihlumte hi a hun takah ðanpuitu ða tak

nei ni sela chuan mahni intihlum an awm lo hial emaw, an awm a nih pawhin tlêm tê chauh emaw an ni ngei ang. Enkawlna leh tanpuina lâz zualte chu - damdawi hmanga enkawlina (pharmacotherapy), leh counselling lama enkawlina [a bik takin Cognitive Behavioural Therapy (CBT) leh Interpersonal Therapy for Depression (ITD)]- te a ni a; amaherawhchu, heti lama mi thiam bikte (psychiatrist leh therapist) hi kan ramah kan la nei tam lo hle a. Chuvângin, tun tumah hian kan ram dinhmun thlir chung zêlin tanpui theih an nih dân tlangpui sawi kan tum dân a ni.

5.1 Ngaihsaktu leh hmangaihtu an mamawh - Depression hi chhan hrang hrang vânga awm ni mah sela, a lo lan chhuahna chu mi dangte nêna nun inlaichînna hmunah a ni thîn.¹³ Chhûngkhat laina leh thiantê nêna inlaichînna tha tak nei tân chuan depression hi hneh a harsa lo. Kan sawi tawh angin depression nei leh chumi avânga mahni nunna hial lâk duhtute chuan eng emaw ti kawng zâwng talin an lan chhuahtir thîn a. Hetianga rinhlelh theih kan hria a nih chuan lâk zamsak mai lova ngaihsak tur a ni. Kan chhûngte leh thiantê chu kan hmangaih ngei ang tih hi a rinhlelhawm lo; mahse, an hriat thiam theih ngei tura kan hmangaihna leh ngaihsakna lantir hi a pawimawh. An dinhmun leh harsatnate sawipuaia, titipui theitu nih a tûl hle. Ngaithlatu tha an mamawh êm êm a, an ngaih dân dik lo pawh hnial leh hnâwsak nghâl mai lova dawhthei taka ngaihthlâka, sawipui a tha. Thusawipui hleih theih an nih loh pawhin, kan hmangaiha, kan ngaihsak a ni tih hi lantir hrâm hrâm tum tur a ni.

5.2 Mi thiam pan a tha - Kan ramah hian psychiatrist leh counsellor kan nei tam rih lo hle. Kan neih ang chhun chhunte erawh hi chu hman tangkai a pawimawh khawp mai. Damdawi in thenkhat leh private clinic lamah psychiatrist râwn theih an ni a. Kan kohhran pawhin counselling centre kan nei ve ta nual mai. Anni pan leh râwn hi thil zahthlâk nia ngai mi thenkhat kan la awm a, a zia lo hle a ni. Kan taksa a damloh chuan doctor râwn kan hreh lo. Kan taksa ang tho hian kan rilru leh thlarau hi a damlo thei a, chu chu Pathianin min siam dân, mihring nihphung pangngai a ni a, thil

zahthlak a ni lo ve. Kan taksa damlo enkawl turin Pathianin doctor-te leh nurse-te min pe a. Chutiang tho chuan kan rilru leh thlarau damlo enkawl turin psychiatrist, counsellor, pastor leh rawngbawltute min pe a, kan mamawh huna pan mai hi a tha a ni. Damdawi (anti-depressant) hmanga inenkawlna tha tak tak pawh a awm a; mahse, hêng hi psychiatrist/doctor-te thu lo chuan tih hauh loh tur a ni. Kan pan remchang ngang lo a nih pawhin telephone leh social media hmanga biak pawh a tha tho vang.

5.3 Mahni intihlum hi intihhmuh theih a ni! Mahni intihlum thu hriat fo hian tih ve mai pawh tih lohna a hring thei niin an sawi. Hei hi ‘Werther effect’, ‘copycat suicide’ ti tein an sawi bawk thin. Aawmzia ber chu hei hi a ni - media chi hrang hrang hmanga mahni intihlum thu puanzar chiam a nih hnu lawk hian mahni intihlum an tam zual sawt thin.¹⁴ Kan ramah ngei pawh hian mahni intihlum an awmin chanchinbu leh social media lamah kan tlangzarh a, kan sawi zui chiam thin a, hei hi thil tha lo tak a ni thei tihna a nih chu. Kan thehdarh vak hian mahni intihlum hi thil naran tak, intihhmuh vel mai mai theih angin emaw, thil danglam, tih chawkawm tak angin emaw miten an ngai thei a. Chuvangin, hetiang thu thehdarh tam loh hi kan ramin a mamawh hun lai tak a ni awm e. Kan hria a nih pawhin keimahni chinah tawp sela, miin an sawi a nih pawhin sawi zui luai luai lo ila; chutichuan, mahni intihlum tur kan veng thei a lo ni reng dawn a ni.

Tlangkawmna

Mi zawng zawng hian rilru hahna leh manganna chi hrang hrang kan tuar a, kan hmachhawn dân erawh chu a inang lo hle thung. Kan ngaih dân lo anga ngaih dân neite hi dem ngawt theih an ni lo va. An dinhmun leh thil thlir dân te hriat thiamtui a pawimawh khawp mai. Inngaihsak tawna, inhriat thiam tawna hian nun ho a tinuam a, nun a chhanhim thei. Rilru natna avanga mahni intihlum hial duhte hian hre thiamtu, ngaihsaktu leh hmangaihtu an mamawh em em a. Kan zavai hian anmahni tanpuitu kan ni thei vek a ni.

End Notes:

- 1 Rihlipui, Champhai Daily News - 6.7.2015
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PCI-I THURIN 1904-A MI PCI-II THURIN 1924-A TEL VE TA LOTE

– Rev. H. Remthanga

Thuhmahruai

India Ram Presbyterian Kohhran (Presbyterian Church of India) Thurin (Confession of Faith) hi hringtu Welsh Presbyterian Kohhran aṅanga chhawm a ni lo va, hruaitu hmasaten anmahni irâwm aṅanga an phuah chhuah pawh a ni lo. India Ram Presbyterian Kohhran Hmasa (Presbyterian Church in India)-in a lo siam chu tidanglama hman zui ve tâk a ni a. Chutianga lo zi chhuak chu a nih avângin thurin hmasa nêñ engtiang takin nge a danglam tih te chu rilruin a zâwt a ni. Chu chu chhui kan tum dâwn a. Chumi atân chuan India Ram Presbyterian Kohhran Hmasa Thurin lo zik chhuah dân kan chhui ang a, an danglamnate kan zir zui dâwn a ni.

India Ramah Presbyterian Kohhran vawi hnih a ding tawh: a hmasa 1904-1924 chu ‘PCI-I’ tiin kan sawi ang a, a hnunung zâwk chu ‘PCI-II’ tiin kan sawi ang.

1. Presbyterian Church in India (PCI-I) lo din chhuah dân leh a kal zêl dân:¹ Kum 1860 hnu deuh aṅang khan khawvêl ram hrang hrang aṅanga Presbyterian Missionary India rama thawkte chuan an Kohhran dinte inzawmkhâwm chungchang an lo sawi ri tawh a. Chu chu bawhzuiin 1871 aṅang khan intawhkhâwmna (Conference) an nei ṭhîn a. An Conference-a tel ṭhînte chu Church of Scotland te, Free Church of Scotland te, American Presbyterian Church te, Reformed Presbyterian Church leh Reformed Church in America te, Irish Presbyterian Church leh United Presbyterian Church in America Missionary aiawhte an ni a. An thil tum pali zinga pawimawh ber chu India rama Presbyterian-te Kohhran pakhata inzawmkhâwmna kawng zawn a ni a.² An Conference vawi ngana 1875 chu India Ram Presbyterian Kohhran Inthlunkhâwmna (Presbyterian Alliance of India) din ṭan kumah an sawi ṭhîn.³

Presbyterian Alliance of India chuan inkhâwmpui (Council) an nei thîn a, kum 1877, 1880, 1883, 1886, 1899, 1901 February, 1901 December-ah te an nei. Kohhran inzawmkhâwm duhna chu a chak tial tial a, inzawmkhâwm huna inngahna atân thurin khaikhâwmna leh kalhmang turte ruahman turin 1901 February thlaa an Council chuan Committee a din a. Committee chuan an ruahmanna chu December Council-ah an thehlût a, an sawihonate chu Kohhran hrang hrangah an thawn bawk. Chutih lai chuan India ramah Presbyterian Mission 12-in an thawk a ni.⁴

Presbyterian Alliance Council vawi riatna chu December 15, 1904 (Ningani)-ah Allahabad-ah an nei a. Palai 48 leh consultative member 12 an tel a, India rama Presbyterian Kohhran hlâwm hrang 7 palaite an ni.⁵

Council an neih zawh hnuah Presbyterian Kohhran General Assembly neih nghâl turin an ruahman lâwk a, chuta tel tur chuan Council-a palai lo kalte chuan Presbytery theuhvin an ruat nghâl bawk. Council an neih hnu lawk December 19, 1904 Thawhtanni zingah chuan Allahabad-a Jumna Biak Inah Inkhâwmpui (General Assembly) an tan a. Chu inkhâwmpuia chuan Presbyterian Alliance of India chu ‘Presbyterian Church in India’-ah a insiam ta a. Assembly chuan lungrual takin Alliance-in a lo chhawpchhuah Thurin leh Dânpui (Confession of Faith, Constitution leh Canons) chu an pawm a. Thu pawimawh tak tak dang an rêl bawk. Chu inkhâwmpui chu ‘Presbyterian Church in India’ (PCI-I) General Assembly vawi khatna a ni a, Minutes thupui pawh: “Minutes of the first General Assembly of The Presbyterian Church in India, Jumna Presbyterian Church, Allahabad, December 19th, 1904” tiin an ziak a ni.

PCI-I hi kum 20 chauh (1904-1924) a ding, chumi chhâng chuan General Assembly vawi 13 a nei hman.⁶ Chutianga a tâwpna chhan chu kohhran dang nêh hming thar invuaha an inzawm khâwm thîn vâng a ni. PCI-I-a tel India chhim lama Presbyterian Kohhrante

chu kum 1908 khan Congregationalist Kohhran nênzawmkhâwmin South India United Church (SIUC)-ah an insiam a. Chu chu duhtâwk mai lovin kum 1947 khan Kohhran dang nênzawmkhâwmin Church of South India-ah an insiam ta a ni.⁷ PCI-I-a la awm India hmâr lama mite pawhin India hmârthlang lama Congregational Kohhran General Aikya nênzawmkhâwmin Kohhran pakhata inzawmkhâwm zai an rél a, PCI-I General Assembly inkhâwmpui ni hnuhnung ber December 30, 1924-ah chuan Kohhran thar ‘United Church of Northern India’ (UCNI)-ah an insiam ve leh a. Tichuan PCI-I chu a tâwp ta a. UCNI chu Kohhran dang 5-te nênzawmkhâwm leh in 1970 khan Church of North India-ah an insiam ta a ni.⁸

2. PCI-I Thurin: PCI-I General Assembly hmasa ber December 19, 1904-ah khan Thurin (Confession of Faith) an pawm thu kha kan sawi a. An General Assembly Minutes-ah chuan Palaite Hminglamna (Roll of Delegates) dawt chiaha het hi an zia:

“Rev. W.A. Wilson-a’n a sawi hawng a, Presbyterian Alliance Council Parukna leh Pasarihnain Confession of Faith, Constitution leh Canons a buatsaih, Council Pariatnain a lo pawm tawh chu, Presbyterian Church in India Provisional General Assembly-in tunah hian lungrual takin inngahna atân kan pawm a, pumkhatan kan insiam a ni,”⁹ tiin.

Chu ‘Thurin’ chu inkhâwmpui minutes tâwpah an dah a. Articles (thu hlâwm) 12 a awm a, thumal (words) 1185 a awm. PCI-I chuan chu Thurin chu kum 20 vêl a hman hnuah, Congregational Kohhran nênzawmkhâwmin UCNI-a an insiam khan an hmang zui a,¹⁰ zau zâwka an inzawmkhâwmin Church of North India-a an insiam pawh khan thurin inngahna pakhata an la hmang ta zêl a ni.¹¹

PCI-I Thurin hi a tâwi hle, mahse a huam zau va, hriatthiam a awl bawk. A hma lama kan sawi tawh ang khan a buatsaihtute chu khawvêl ram hrang hrang Presbyterian Kohhran hmunpui atanga

lo kal Missionary-te an ni ber a. Presbyterian leh Reformed Kohhran Thurin lo awm tawhte a enga mah ring nghâl mai lovin, India ram Presbyterian Kohhran hman turin uluk takin an buatsaih a ni.

3. Presbyterian Church of India (PCI-II) leh a thurin: Tuna India Ram Presbyterian Kohhran (Presbyterian Church of India) hi ‘PCI-II’ tiin kan sawi ang kan tih kha. Hei hi Welsh Presbyterian Kohhran Mission-in a din a. Kum 1841-ah Khasi rama inñanin Mizoram leh Sylhet leh Cachar phai ramah te a darh zêl a. Hun rei tak chu Khasi Assembly (tuna Synod) hnuaiha an awm. PCI-I-ah khan a tîr (1904)-ah an tel loh avângin tel ve turin an sâwm thîn a. Kum 1918 khan tel ve an rél a, mahse Welsh Presbyterian Kohhran ngaihdân lâk zet a ngaih avângin an zawm fel tak chu 1921-ah a ni. PCI-I an zawm hnu kum 3-na, 1924-ah Assembly (tunah Synod) pathum, Khasi & Jaintia Assembly te, Phaitual leh Sylhet leh Cachar Assembly te, Lusei Cachar Assembly-ah te an insiam a, a pathuma khaikhâwm turin Synod (a hnuah Assembly) an siam nghâl bawk a. A tîra a hming chu ‘Assam Rama Presbyterian Kohhran’ (Presbyterian Church in Assam) tih a ni.¹²

Assembly-a an insiam hma deuh aţangin Assam Rama Presbyterian Kohhran chuan Thurin buatsaih turin Committee a din a. An thurin buatsaih chu 1924 Mairang Assembly-in a pawm a. (Mizotawng-in 1925 khan lehlin a ni). Articles 10 a awm a, thumal (words) 901 a awm (Hei hi chu ‘PCI-II Thurin’ tiin kan sawi tawh ang).

PCI-I Thurin leh PCI-II Thurin te hi ngun taka kan khaikhin chuan danglamna lai awm mah se, a inanna laiaha chuan inang satliah mai ni lovin, thuhmun chiaha chiaha tih tur a ni deuh vek mai. A inan êm êmna chhan hi ngaihdân dang chu awm thei mah se, a pawmawm ber chu hei hi a ni âwm e: PCI-II Thurin buatsaihtuten a hranpa hlaka buatsaih lovin, an lo hman ve mêk tho PCI-I Thurin chu hmangin an buatsaih a, thu harsa deuh leh inhniahna awm thei tur lai

nia an hriatte chu a then bâna a then kaitâwiin, a tam zâwk chu a ngai ngaiin an hmang zui a. PCI-I Thurin Article 12 chu Article 10-ah an siam ta a ni. PCI-II thurin buatsaihnaah hian Welsh Missionary-te chu a thusa ber turah ngai ila.

Chutianga PCI-II Thurin an buatsaih theihna chhan tur pawh a awm. PCI-I Thurin Preamble-in hmasang thurin a târlan zingah ‘Welsh Calvinistic Thurin’ a tel a. An buatsaihnaah Welsh Missionary-te an tel ve emaw, Welsh Calvinistic Thurin an hmang emaw a ni ang tih a rin theih. Tin, kum 1918-ah Assam Rama Presbyterian Kohhranin PCI-I zawm an rela 1921-a an zawm fel khan, PCI-I Thurin pawh an hmang ve nghâl ngei ang a. Kum 1924-a Kohhran puitling ‘Synod’ (Assembly)-a an insiam kha chuan PCI-I Thurin chu an chûlnêl hle tawhin a rinawm. Thurin an han buatsaih pawhin PCI-I Thurin chu an lo hman tlangnêl tawh, tâwi si, huam kim si, hriat nuam bawk si a nih avângin thenkhat lai tidanglama hman zui mai thain an hria a ni ang. Welsh Mission hrin an ni a, an thurin pawh hman ve mai âwm tak a ni. Mahse Welsh Thurin chu Articles 44 a ni a, a sei hle a, a ngai ngaia hman tur chuan a îtawm vak lo a ni.

PCI-I Thurin an khawih danglam dân chu Article IV-na kaitâwi (summarise)-in V-na nên an finkhâwm a, VI-na kaitâwiin VII-na nên an fîn khâwm leh a, Article IX-naah a bul lam thumal 63 an chhawk bawk. A bâk zawng Article I, II, III, VIII, IX, X-te chu a ngai deuhthawin an chhawm thung. A ngai ngaia chhawmte chu ûmzui lovin, an kaihtâwi leh chhawk thlâk tâkte chu kan en zui ber tur chu a ni a. Thuhmahruai (Preamble) inan lohna pawh kan thlir tel ang.

4. PCI-I Thurin leh pci-i thurin inan lohnte:

1) Preamble: PCI-I Thurin 1904-in Presmble-a hmasang Kohhran thurin a târlan dân chu hetiang hi a ni:

“India Rama Presbyterian Kohhran chuan, hmasang Kohhran thurin, Westminster Thurin te, Welsh Calvinistic

Thurin te leh Dort Synod Thurin leh Canon-te chu eng mah paihthla chuang lova sawimawi zâwkin...” tiin.

Hetah hian ‘hmasang Kohhran thurin’ a tihah Presbyterian/ Reformed Thurin bulpui Westminster Thurin (1646) leh Synod of Dort Thurin (1618-19) te chu Welsh Calvinistic Thurin (1823) nêh pawimawh dân thuhmunin dah a ni a. Kum 1924-a Assam Rama Presbyterian Kohhran (PCI-II)-in Thurin an siamah chuan Preamble-ah hetiang hian dah a ni:

PCI-II thurin 1924 Preamble

Assam Rama Presbyterian Kohhran chuan, (hmasang Kohhran thurin tlangpuite eng mah paihthla chuang lova sawimawi zâwkin leh Welsh Calvinistic Thurin phei chu Pathian thu sawi fiahna tha leh Kohhran leh sikulah te pawh zirtir tlâka ngai chungin..., tiin.

Hetah hian Westminster Thurin leh Synod of Dort Thurin te chu ‘hmasang Kohhran thurin tlangpuite’ tia sawiin Welsh Calvinistic Thurin chauh hminghmerhin an dah ta a. Ngun taka kan zir chuan PCI-I Thurin siamtute khân hêng thurin pathumte hi an hmang ngei a, Welsh thurin hi a bîkin an hmang lo a ni tih kan hmu thei. Amaherawhchu, PCI-II thurin siamtute khân Welsh Mission hrin Kohhrante hman tura an buatsaih lai khan hringtu Kohhran Thurin chu pawimawh bika dah an duh a ni mai thei e.

Kum 2004 PCI-II Dânpuî siamthat ruala thurin enthat an pawm tâkah chuan Preamble-ah hetiang hian an dah:

India Ram Presbyterian Kohhran chuan (Apostol thurin te, Nicea thurin te, Westminster thurin leh Wales Ram Presbyterian Kohhran thurinte chu Pathian thu hrilhfiahna tha tâwka ngaia, kohhran tân leh Pathian thu zirna hmuna h te zirtir tlâk nia pawm tlat chungin)..., tiin.

A thurin tak chu a la pangngai reng, mahse ‘hmasang Kohhran thurin’ chu an huam zautir ta hle. Hun hrang hranga buatsaihtute rilruah pawimawh tih a inchen lo hle tih a lang.

2) *PCI-II Article IV-na*: Hei hi PCI-I Thurin IV-na leh V-na inñin khâwm a ni a, chûngte chu a mal malin târ lang ila:

PCI-I Thurin IV-na

Thil zawng zawng, hmuh theih leh hmuh theih lohte hi Pathianin A thiltihtheihna thuin A siam a, A vawng thain A rél fel a, sual siamtu chu ni lo mah se, Ama duhna ngeiin thil zawng zawng A thawk chhuak a, chûngte chuan A thiltum fing leh tha leh thianghlim chu an tifamkim a ni.

PCI-I Thurin V-na

Pathian chuan mihring hi hriatnaah te, felnaah leh thianghlimnaah te, thilsiamte chung a thuneihna nêh, Ama anpuiin mipaah leh hmeichhiaah A siam a. Mi zawng zawng hi bul thuhmun leh unau vek an ni.

Thurin IV khi, “Lei leh vâh leh a chhûnga thil awm zawng zawng siamtu” tiin lâk tâwi a ni a, V-naa mi “thil siamte chung a thuneihna nêh” tih hi lâk hmaih a ni baw k a, tichuan PCI-II thurin IV-na atân hetiang hian fin khâwm a ni ta a:

PCI-II Thurin IV-na

Lei leh vâh leh a chhûnga thil awm zawng zawng siamtu Pathian chuan mihring hi, hriatna, felna leh thianghlimnaa Ama anpuiin mipaah leh hmeichhiaah a siam a. Mi zawng zawng hi bul thuhmun leh unau vek kan ni, tiin.

PCI-II Thurin IV-nain PCI-I Thurin IV-na leh V-na atanga a lâk hmaih te hi

a) IV-na hian Pathian chu engkim siama, vawnga, enkawltu a ni tih a puang a. Hetah hian Westminster thurin 5-na, ‘Pathian Enkawlna’ (Providence) leh Welsh thurin 5-na, ‘Pathian chatuan remruat’ (Of God’s Decree) tihte chu tâwi kim taka lâk chhâwn a ni a. Calvin-a leh Reformed Kohhranho thurin pawimawh tak a ni baw k.

b) V-naa “thil siamte chung a thuneihna” neia mihring siam thu hi

Pathianin Amah anga a siam mihring hnêna mawhphurhna a pêk chungchang thu pawimawh tak a ni bawk.

3) *PCI-II Article V-na*: Hei pawh hi PCI-I Thurin VI-na kaitawia thurin VII-na nêh fîn khâwm a ni a. Finkhâwm a nih dân a chian theih nân PCI-I thurin VI-na leh VI-na te han târ lang ila:

PCI-I thurin VI-na

Kan nu leh pa hmasa ber, ða leh ða lo thlang theite chuan thlêma awmin Pathian lakah thil an tisual a; chi thlah dân pangngaia thlahthu bul Adama thlah zawng zawngte chu amah angin an sual a, amah nêh an tlu vek a ni. Sual thei mihringte chuan sualna leh chhiatna an rochun chu belhchhahin a takin an bawhchhia a. Tun dam chhông leh nakin hun lo la awm turah mi zawng zawngin Pathian thinurna leh hremna chu an chan tur dik tak a ni.

PCI-I thurin VII-na

Thiam lohna leh chhiatna leh sual hremna ata mihring chhanchhuak tur leh, chatuan nunna pe turin hmangaihna tâwp nei lo Pathian chuan, A chatuan Fapa neih chhun Lal Isua Krista chu khawvêlah arawn tir a;...chuta ðang chuan mitthite kaitho tur leh khawvêl rorel turin a lo kal leh ang.

A hmasa zâwk (VI-na) khi tâwitêa khaikhâwmin VII nêh hetiang hian finkhâwm a ni:

PCI-II Thurin V-na

Mihring chuan ama duhthu ngeiin Pathian dân a bawhchhia a, thiam lohna leh chhiatnaah chuan amah a inbarh lût ta a. Chu thiam lohna leh chhiatna leh sual hremna ata chu mihringte chhanchhuak tur leh chatuan nunna pe turin hmangaihna tâwp nei lo Pathian chuan, A chatuan Fapa neih chhun Lal Isua Krista chu khawvêlah arawn tir a;...chuta ðang chuan mitthite kaitho tur leh khawvêl rorel turin a lo kal leh ang, tiin.

PCI-I thurin VI-na khian Adama bawhchhiatna chhawma a thlahte zawng zawng sualin a khawih chhiat thu leh chu ‘Sual inrochun’ avâng chuan mihring lo awm zêlthe pawhin a taka thil an tihsual thu min hrilh. Chu ‘Sual inrochun chhâwn’ thu chu PCI-II thurin chuan a kalkân a, “Mihring chuan ama duhthu ngeiin Pathian dân a bawhchhia a, thiam lohna leh chhiatnaah chuan amah a inbarh lût ta a” tiin a dah ta a. Pelagius-a zirtirna, ‘Adama bawhchhiatnain a thlahteah hnuhma a nei hran lo va, mihring chuan Pathian puihna tel lo pawhin a ða lam emaw, a chhe lam emaw a thlang thei a ni’ tih nêh a inhnaih âwm hle mai. Sual Inrochun thu hi Calvin-a zirtirna a ni a, Westminster Thurin 6.3 leh Welsh Thurin 10-ah te pawh chiang taka sawi a ni bawk. PCI-II Thurin hian ‘Sual Inrochun’ thu hi sawi lo mah se, a takah chuan Kohhrante inzirtir dân a la ni zêl si.

4) *PCI-II Article VII*: PCI-I thurin IX-na bul lam English-a thumal 63 chu chhawkin a bâk zawng chu PCI-II thurin VII-na atân hman a ni a. PCI-I thurin IX-na bul lam chhawk thlâk tâk chu hei hi a ni:

PCI-I Thurin IX-na bul lam

Pathian chuan khawvêl siam hmain Ama hmaa thianghlim leh sawisêl bova awm turin Kristaah chuan mipuite a thlang (chose) a; Krista zârah, Amahah ngei chuan fa atân a ruatlâwk (foreordained) a, chu chu Ama duhna ða tak ang ngeiin a ti a, A khawngaih ropuizia fak nân Duhtakaah chuan chûngte chu a thlâwnin A hlân a ni.

Hei hian ‘Ruatlâwk thurin’ chungchang a tilang. PCI-II thurin chuan chu lai thu chu chhawkin a dawt chiah, “Kristaah chuan Pathianin mi zawng zawng hnênah chhandamna fâmkim chu a thlâwnin arawn hlân a,...” tih chin hnu lam zawng chu a ngai ngaiin, tuna kan hman mêk ang hian, a la ta a ni. Ruatlâwk Thurin hi Calvin-a leh a hnungzuitute thurin pawimawh tak a ni a, Westminster Thurin 3-na ‘Pathian chatuan thuruat’ leh Welsh Thurin 12-naah te pawh a lang

zêl. PCI-II thurina hmaih a nihna chhan hi thu harsa nia ngaiin a hmangtu tur Khasi, Mizo leh Cachar leh Sylhet phaia mite hre reng chungin a buatsaihtute hian an pumpelth ta a ni ang.

5) *PCI Article VIII-na an danglamna*: Heta danglamna hi Sakramen ãangkaina/ hlâwkna chungchangah a ni a. PCI-I thurin 1904 leh PCI-II thurin 1924-ah chuan a inang a, mahse PCI-II thurin 2004-a siam ãatah chuan a lo danglam ta a, hetiang hian:

PCI-I thurin 1904 X-na leh PCI-II Thurin 1924 VIII-na

Sakramen ãangkainate chu a sakramen thil vâng a ni lo va, a ãehtu vâng a ni hek lo va, Krista malsâwmna avâng leh rinnaa changtuah Thlarauvin a thawh avâng chauh a ni.

PCI-II thurin 2004, VIII-na

Sakramen hlâwkna chu Krista malsâwmna avâng leh rinnaa changtuah Thlarauvin a thawh avâng a lo awm a ni.

PCI-II Thurin 2004-a a lo danglam tâkna chhan hi kan hre mai lo. Sakramen hmanrua leh a ãehtute dah pawimawh tâwk lova ngaih vâng leh mihring lam chanvo dah len ve deuh duhna a ni thei a. ‘A hmanrua leh a ãehtute avâng a ni lo’ tih sawi kher lo pawhin a awmzia a Chiang tho, tih vâng a ni thei baw. Kohhran Siamãathatu Martin Luther-a te, John Calvin-a te, Siamãathatna hruaitu dangte khân ringtuten Krista avâng chauhva chhandamna leh Pathian lama thil ãa changthei kan nih thu hi thupuih an nei a. ‘Kohhran Siamãathatna ‘Chauh Pangate’ an tih ãhin - 1) Rinna avâng chauh, 2) Pathian thu (Scripture) avâng chauh, 3) Krista avâng chauh, 4) Khawngaihna avâng chauh, 5) Pathian ropuina atân chauh - tihte kan en chuan, Sakramen hlâwkna chungchangah ‘a sakramen thil vâng a ni lo va, a ãehtu vâng a ni hek lo’ tih sawi lan kher pawh hi a âwm hlih hlih a, ‘Krista malsâwmna avâng chauh leh Thlarauvin a thawh avâng a’ ãangkai leh hlâwk a nihzia tilang Chiangtu pawh a ni.

6) *PCI-II thurin IV-na tlar tâwp ber*: Hei hi PCI-I thurin 1904-ah chuan V-na tlar tâwp a ni a, 1924 leh 2004-ah chuan IV-na tlar tâwp a ni. English-a dah dân a inang lo vek a. www.mizodictionary.org

nên han târ lang ila:

PCI-I thurin 1904, V-na

English: All men have the same origin, and are brethren.

Mizo: Mi zawng zawng hi bul thuhmun leh unau vek an ni.

PCI-II thurin 1924, IV-na

English: All men have alike origin, and are brethren.

Mizo: Mi zawng zawng hi bul thuhmun leh unau vek an ni [Kum 1974 lehlin aṭangin “unau vek kan ni” tiin an dah]

PCI-II thurin 2004, IV-na

English: All human beings have alike origin, and are bound together as one family of brothers and sisters.

Mizo: Mi zawng zawng hi bul thuhmun leh chhûngkaw khata unau anga inṭhui khâwm vek kan ni.

Kum 1904-a, “All men have the same origin” tih chu 1924 aṭanga 1993 edition thlengin, “All men have a like origin” tiin dah a ni a. Kum 2004 edition-ah inclusive language hmangin “All human beings have alike origin, and are bound together as one family of brothers and sisters” tih a ni ta a. Hêng “same origin” tih te, “a like origin” tih te “alike origin” tihte hi awmze thuhmun an ni vek em tih hi ngaihtuah theih tak a ni âwm e.

Tlangkawmna

Kan Thurin (Confession of Faith) hi PCI-I Thurin, kum 1904-a an General Assembly-in a lo pawm chu tlêm tlêma siam ṭha (tidanglam)-in keini PCI-II hian kan hmang ve ta zêl a ni kan ti a. PCI-I Thurin aṭanga chhawm ve tâk loh thu pawimawh deuh chu ‘thil siam leh Pathian Enkawlna’ (Providence) thu te, sual inrochun chhâwn thu te, ruatlâwk chungchangte a ni a. Kan thurin hi a tâwi a, thupui a huam chin pawh a tam thei lo. Chuti chung chuan lâkchhuah a nihna PCI-I thurina mi a hmaih tâkte hi Presbyterian Kohhran thurin pawimawh takte zinga mi a ni a. Welsh Missionary-te leh kan hotu hmasaten an lo chhawknâ chhan tur hi rin thiam a harsa viau. A sei

lutuk an ti a ni ang ti dâwn ila, PCI-I Thurin an hmaih tâk hi a vai pawhin thumal 200 pawh a tling lo va. Thu khirh leh harsaah an ngai a ni ang ti dâwn ila, a ðhente hi chu a taka kan inzirtir mêk a ni bawk si. A siamtute hian ‘thurin Presbyterian deuh’ aiin pawm theitu Kristian an zau zâwk theihna turin ‘Presbyterian zia’ deuh lai chu pumpelh an duh em ni ang tihte pawh a ngaihtuah theih. Hei vâng hi a ni pakhat mai thei e, Pu C. Vanlallawma pawhin, ‘Kan la Presbyterian zêl em?’ tih thupui hmangin article a ziak hial a ni.

Eng pawh ni se, kan PCI-II thurin hi a tâwi a, thu pawimawh zawng zawng a huam kim thei lo. PCI-I thurina mi a lâk tel tâk lohte avâng khan kan ‘presbyterian ta lo deuh’ tihnaah ngai lo ila. Tuna kan neih chinah hian fiah leh Chiang tâwk lo tih lai kan neih pawhin Kohhranin a hrilhfiah a, a ðûl angin thu pawimawh dang pawh a zirtir zel bawk. He ‘Thurin Puanchhuahna’ hi ‘Pastor-te, Probationary Pastor te, Upate leh Kohhrana dânzawhkimten’ beisei ang taka ‘an vawn ngheh tlat’ chuan rinna kawngah a tichakin a tinghet thei a, zirtirna dik lo lêng vêl lakah a tihim thei bawk. Thurin hrilhfiah theitu chu kohhran a ni a. Siam ðhat leh belhchhah a ðûl pawhin a ti theitu chu kohhran bawk a ni.

Endnotes:

- 1 PCI-I (Presbyterian Church in India) chanchin atan hian “Journal of the Presbyterian Historical Society (1901-1930), Vol. 3, No. 3 (September), 1905, pp. 138-146, Published by Presbyterian Historical Society: <http://www.jstor.org/stable/23322706> “chu kan innghana ber a ni.
- 2 An thiltum 4-te: (1) India ram Presbyterian Kohhrante in pawhtawn leh inlungualna kawng zawn, (2) thawh hona leh inñanpui tawna kawng zawn, (3) tualchhung kohhrante India rama Chanchin ðha hril thei tura tihngheh leh intodelh tura buatsaih, (4) India rama Presbyterian Kohhrante kohhran pakhatata inzawm khawmna kawng zawn.
- 3 James Kellock, Breakthrough for Church Union in North India and Pakistan, Madras: CLS, 1965, p. 2
- 4 (1) The Church of Scotland (2) The United Free Church of Scotland (3) Synod of Original Seceders (4) The Presbyterian Church of England (5) The Welsh

- Calvinistic Methodist Church (6) The Presbyterian Church of Ireland (7) The Presbyterian Church in the United States of America (8) The United Presbyterian Church of North America (9) The Reformed (Dutch) Church in America (10) The Presbyterian Church of Canada (11) The Reformed Presbytery of India (12) The Gopalgunge Evangelistic Mission.
- 5 Church of Scotland, United Free Church, Irish Presbyterian Church, American Presbyterian, Canadian Presbyterian, Reformed Presbyterian leh South India United Church (Arcot leh United Free Churches of Madras Presidency)-te an ni a. Madras, Bombay, Bengal, United Provinces, Central India, Rajputana leh Panjab.
- 6 1) Dec. 19, 1904; (2) Dec. 16, 18-20, 1905; (3) Dec. 14, 15, 17, 18 1906; (4) Dec. 28, 31, 1907; (5) Dec. 29-31, 1909, 1 Jan., 1910; (6) Dec. 28-30, 1911, 1 Jan. 1912; (7) Dec. 27, 29-31, 1913; (8) Dec. 29-31, 1915; (9) Dec. 27-29, 31, 1917; (10) Dec. 27, 29-31, 1919; (11) Dec. 28-31, 1921; (12) Dec. 27-30, 1923; (13) Dec. 27, 29&30, 1924.
- 7 1) SIUC; (2) Anglican Dioceses of South India, (3) South Indian District of the Methodist church.
- 8 1) UCNI, (2) Anglican, (3) Baptist Churches of Northern India (British Baptists), (4) Methodist Church (British and Australia Conferences), (5) Church of the Brethren in India, which withdrew in 2006, (6) Disciples of Christ denominations.
- 9 Minutes of the first General Assembly of The Presbyterian Church in India, Dec. 19th, 1904, p.3 (photo copy).
- 10 The United Church of Northern India, Confession of Faith, Constitution, Rules and Forms of Procedure, 1928, pp.1-5.
- 11 The Constitution of the Church of North India and Bye Laws, Delhi: ISPCK 2001.
- 12 Kum 1968 aṅging India Hmarchhak Presbyterian Kohhran tih a ni a, kum 1992 aṅging India Ram Presbyterian Kohhran (Presbyterian Church of India) tih a ni.

THEOLOGY THUMAL HRILHFIAHNA

Alexandrian School : Kohhran pate hun laia Alexandria (Egypt) khawpua mi thiam, thu kalpui dân inanghote leh an thu kalpui dân phung sawina a ni. *School* tih avânga zirna in pakhat hnuiaia zir leh awmho an ni lo va, mi thiam hrang hrang, khawpui pakhata chêng leh ngaih dân inang tlang an ni zâwk. A lâ zual deuhte chu Clement of Alexandria, Origen, Athanasius, Cyril of Alexandria, Didymus the Blind-te an ni. Alexandrian School-a thil langsar deuh deuhte chu: 1) Kohhrana nemngheh hruaitu ni lêm lote zirtirna a langsar a, phuartu awm lovin an ngaihtuahna an dah zalên a, an Pathian thu thiam langsar berte hi *layman* an ni; 2) Rinna leh mihring finna inzawm dân an ngaihtuah nasa; 3) Bible hrilhfiáh dânah entir nei zâwnga hrilhfiáh (*allegorical interpretation*) an chîng; 4) Krista chungchangah a Pathianna lam an sawi uar. *Antioch School* nêan an inhniál nasa t̄hîn hle.

Antiochene School : Kohhran pate hun laia Antiokei (Turkey) khawpua mi thiam, thu kalpui dân inanghote leh an thu kalpui dân sawina a ni. Alexandrian school kan sawi ang bawkin zirna pakhata awm khâwm sawina ni lovin ngaih dân leh thu kalpui dân inang tlang, Antiokei khawpui bulpua neite an ni. A lâ zual deuhte chu Diodore of Tarsus, Theodore of Mopsuestia, Nestorius, John Chrysostom-te an ni. Antiochene School hian Isua Krista mihrinna lam an sawi uar a, Kristaa Pathianna leh mihrinna a hranga awm thu an sawi uar. Bible hrilhfiáh dânah a nihna ang anga pawm (*historical and literal interpretation*) mai hi dik berin an hre tlangpui bawk.

Credo, ut intelligam : Latin t̄awng *Credo - ka ring ut - turin* tih leh *intelligam - hre thiam* tihna a ni a, hre thiam turin ka ring (*I believe that I might understand*) tihna a ni. Anselm, Archbishop of Canterbury kamchhuak a ni a, hetiang deuh hian Augustine-a pawh khân a sermon-ah ‘hre thiam turin ring rawh’ (*crede, ut nintelligas*) tih a lo sawi tawh bawk. Rinna hi hriat thiamna avânga lo awm ni lovin, hre thiam turin rin hmasak a t̄l̄l̄ thu sawina a ni.

Creed : He thu hi thurin sawina ṭawngkam chi khat a ni. Latin ṭawng *credo* tih aṭanga lâk a ni a. *Crede* tih chu ka ring (*I believe*) tihna a ni a. Thurin hlâwm hrang hrangte hi ‘Ka ring’ tia a bul ṭan a nih avângin *Creed* tih a lo ni ta a ni. Thurin *creed* tia sawite hi en lova mipui mimir pawhin an sawi theih tura buatsaih leh siam a ni a. *Apostol-te thurin te, Nicaea thurin te* leh *Athanasius-a thurin* an tih te hi *Creed* tia an sawi lâr deuhte chu an ni. Mipui mimir tân pawh hriat awlsam tak, en lova sawi harsa lo turin tâwi fel deuh zâwka buatsaih leh siam an ni.

Calvinism : Calvin-a zirtirna tiin lehlin theih a ni nain, Calvin-a leh a zuitute zirtirna chi hrang hrangte sawina a ni. John Calvin-a zirtirnain Kohhran leh khawtlang nun a kaihhruai dân sawi nân pawh hman a ni baw. Kum zabi sâwm leh pasarihna hun laia Dort khuua Synod Inkhâwmpuiin a nemngheh tâk zirtirna hlâwm nga TULIP tia an sawi ṭhin - **1) Mihring dinhmun chhiazia zirtirna** (*Total Depravity*), **2) Pathianin a thlante chungchang zirtirna** (*Unconditional Election*), **3) Tlanna hi Pathianin a ruatte tân chauh a nihzia zirtirna** (*Limited Atonement*), **4) Pathian khawngaihna hnar theih loh thu** (*Irresistible Grace*), **5) Ruat lâwk thurin** (*Predestination*) chungchang sawina te kâwka hman a ni baw. Calvinism hi Calvin-a leh a zuitute zirtirna kâwka hman a nih avângin, a kalphung leh nih dân sawifiah a awlai lo hle. ‘Moderate Calvinism’ an tih leh ‘Hyper Calvinism’ an tih te chu Calvin-a leh a zuitute zirtirna ni ve ve mah se, an thu kalpui dân leh kalhmang a inpersan viau a ni. Hei vâng hian Calvinism chhûngah zirtirna inkawlkalh tak takte a awm ve a. Amaherawhchu, Pathian lalzia leh chungnunzia thu hi Calvinism hian ‘moderate’ a ni emaw, ‘hyper’ a ni emaw, a thupui ken langsar tak a ni a. Eng ang calvinism pawh ni se, Bible-a Pathian Thu hian ngaih pawimawh a hlawhin, Pathian lalzia leh chungnunzia hi a thupui ber a ni zêl a, eng thurin pawh ni se Bible thuneihna behchhana siam vek a ni.

Foreknowledge : He thu hi Pathianin nakina thil lo la awm tur leh thleng tur zawng zawngte a hriatsa vek thu sawina a ni a. Pathian

ropuizia leh chungnunia sawina chi khat ang pawhin hrilhfiah theih a ni. Ruat lâwk zirtirna nêna kal kawp tlat a ni a. Chhandam tur leh chhandam loh tur Pathianin a ruat lâwk theihna chhan hi an awm dân tur leh khawsak dân tur zawng zawngte a hriat lâwk vâng nia ngaih a ni. Augustine-a zirtir dân pawh a ni a. Calvin-a erawh chuan Pathianin engkim mimal tinte awm dân tur chenin hre sa vek mah se, chhandam tur leh chhandam loh tur a ruat lâwk chhan hi a duh rêng vâng chauha ti ni zâwkin a zirtir a. Chhandam nih leh loh hi kan awm dân tha leh tha lova inngat a nih chuan chhandamna hi Pathian khawngaihnaa inngat ni lovin mihring thiltiha inngat a ni zâwk dawn a, hei hian Bible zirtirna a kalh a ni, tiin Calvin-a chuan a ngai.

Infralapsarianism/Suprapsarinism : Hêng thute hi ruat lâwk thurin nêna kal kawp a ni a. Calvin-a zirtirna zuituten ruat lâwk thurin hi kawng hnhin an sawifiah a. Chûngte chu: *supralapsarianism* tih leh *infralapsarianism* tihte hi an ni a. *Supralapsarianism* chuan Pathianin chhandam tur leh chhandam loh turte ruat lâwkin, chhandam tura ruat lâwkte hnênah chuan Thlarau Thianghlimin hna thawka, chhandamna an chan ngei theihna tura pui thîng angin zirtir a ni a. *Infralapsarianism* ve thung erawh chuan mihring suala an tlûk hnuah mi thenkhatte chhandam tura thlangin, chûng miten chhandamna an chan theih nân an hnênah chauh Thlarau Thianghlim chuan hna thawka, pui ta angin zirtir a ni. Hêng zirtirna chi hnih hi Calvin-a zirtirna nia ngaih theih ni mah se, a hnuah a zuitute zirtirna ni zâwka ngaih a ni.

Predestination : Ruat lâwk. Hmasang aţangin kohhran thurin pawimawh tak zinga mi a ni. Pathian lalzia leh chungnunia sawina a ni a. Chhandamna chungchangah Pathianin a bul a tumzia te, a khawngaihna thûkzia leh zauzia puan chhuahna te a ni baw. Ringtu mimal leh Pathian inlaichinna nghehzia sawifiahna a ni a, Kohhran ropuizia puan chhuahna atân hman a ni a. Pathian laka mihring leh thilsiamte tlâwmzia tihlanna a ni baw.

- **Courtesy:** *Dictionary of Theological Terms* (ATC, 2007)

Bible Thu Thlurbing:

**BUH CHI THEHTU TEHKHIN THU
(Marka 4:3-8)**

– Rev. Dr. L.H. Rawsea

Buh chi thehtu tehkhin thu hi kan Lalpa tehkhin thu hman zinga kan hriat lâw pawl a ni âwm e. Chanchin Tha bu pathum - Matthaia, Marka leh Luka-ahte kan hmu vek a. Marka ziaka mi bik hi i luhchilh dawn teh ang. Tehkhin thu mai mah ni se, a tak taka thil thleng anga ngaih theih leh chutianga pawm a nihna chen pawh a awm a. A taka thil thleng anga han pawm dawn chiah erawh chuan pawm mai tiharsatu a awm ve a, chu chu: buh chi thehtu hian a va theh thiam lo angreng ve, tih hi a ni.

A ni tak a, a theh darh nasa hle mai. Kalkawng dunga tla te, pialtlêp chung a tla te, hnimhlingnei zinga to te a ni nawk mai a, a theh darh hle chu a ni! A hlâwm khat erawh chu lei thaah a tla hlauh va, chu erawh chuan rah a chhuah tha hle thung. Buh chi thehtu hian a buh chi a hloh nasain a zuva nasa hle a.

Hemi chungchang hi Bible mi thiamte pawhin an lo chai ve nual tawh a. Tun hma lam zawng chuan Galili rama lo nei mite lo neih dân hmanlai tak, theh darh vêl mai mai thin ang kha a ni mai lâwm ni, an ti a, an lungawi tlang deuh mai thin niin a lang. Thuthlung Thar zirnain hma a sâwn zêl angin a zirna pawh a inher danglam ve zêl a.

The Parables of Jesus (1958) tih, Joachim Jeremias-a ziaak chuan thlir dân thar a rawn chhuahpui a. Isua hun laia Galili mite lo neih dânah chuan “lei leh hmain buh chi an theh hmasa” tiin a sawi a ni. Jeremias-a hi German mi ni mah se, Isua tuallênna rama sei lian, Ram Thianghlim chanchin hre bel êm êm, ‘Scholar of the Eastern Studies’ tih hial khawp a ni a. Jeremias-a ngaih dân hian rei tak chhông chu tehkhin thu zirna khawvêl a chiah a, mi dang han khing pha an awm meuh thin lo.

Jeremias-a ngaih dânrawn khingtu hmasa ber chu K.D. White-a a ni. Kum 1965-a a thuziak, ‘The Parable of the Sower’ tih article-ah chuan Jeremias-a ngaih dân letling chiahin, Mediterranean rama lo neituten, tun hma lam leh tun hnu zêlah pawh, thlai chi thlâk hmaa lei an leh hmasak ziah thu a dinpui thung. A hun laia mi thiam pahnihte an inkalh a, pakhatin ‘Ram Thianghlima lo an neih dân chuan...’ tiin tanhmun a rem a; pakhat lahin ‘Mediterranean ram zau zâwka lo an neih dân chuan...’ tiin tan a khawh ve thung. A tu chu dik zâwk maw?

He mite pahnih inhnial hnua ngaih dân sakhat deuhrawn thawhtu langsar tak pakhat chu P.B. Payne-a a ni a. Kum 1978-ah khan a thuziak, ‘The Order of Sowing and Ploughing in the Parable of the Sower’ tih chu Thuthlung Thar zirna Journal tha ber zinga mi *New Testament Studies*-ah chhuah a ni. Payne-a thu chai ber chu buh chi theh hmain lei an let hmasa thîn em, tih tho kha a ni a, a hmaa mite lo zir tawh dân arawn zir nawn a ni ber a. Ani zir chhuah chu, “Lei leh hi thlai chi thlâkin a zui ziah thîn,” tih a ni a, Jeremias-a ngaih dân paihin White-a a tan tihna a ni.

Sâp mi thiam, lo nei ve lêm lo, chem tum nêna feh tura chhuak ngai lo leh tuthlawh pawh lek ve chhin ngai lote buaina hi kawng thenkhatah chuan a ho angreng hle. Keini buai lohna turah hian an buai châwk a nia! Chutih rual erawh chuan hmânlaia Israel-ten lo an neih dân leh thlai an chîn dante erawh chu kan hriat ve a ngai a. Jeremia tawngkam khat, “In lei khêk chu let ula, hling zingah te chi theh suh u,” (4:3) tih mai hian Juda-te chu chi theh hmaa lei let thîn an nihzia a tilang. Juda-te lehkhabu tho, *Mishnah* lam pheih chuan lo neih dân fel tak, Juda-ten an zawm ngei tur kan hmu a ni. An thlai chite pawh chîn pawlh mai mai loh tur thu te thlengin inkaihhruaina fêl tak nei an ni (*m. Kil.* 2:3ff.). Chuti chung sia Isua tehkhin thua buh chi theh dân letling deuh chiah mai kan hmu si hi hriat thiam harsa lai, mi thiamte mai ni lovin, Isua zirtirte ngei pawhin an hriat thiam mai loh, hmun fala Isua an zawh tâk chat kha a ni rêng a ni (Mk. 4:10-12).

Lal Isuan Pathian ram thu, thuneihna nêh a han tlangaupui khan, thiltih mak tam takin a zui bawk si a, a chanchin a thang nasa êm êm a ni. Galili bial pum pawh ni lo, Nazareth leh a chhehvêl khua maia a la châm lai apangin a hming a thang a, Marka bung khat laihâwl pelh hretah chuan, “Tin, Galili ram vêl zawng zawngah ram tinah a chanchin a thang ta nghâl a,” tia ziak a ni dêr tawh (1:28). Pathian ram chanchin a thang zêl a, Isua Galili dil vêla a awm lai khan chhim leh hmâr, chhak leh thlang aţangin a rawngbawlna chhimtu mipui an lo kal a. Isua thiltih ropuizia hriain mipui an lo kal khâwm ruih ruih mai a ni. Marka bung thumnaa Isua rawngbawlna chhimtu mipui kha Juda-te khawvêl dâpa mi an ni tih Marka’n heti hian a ziak: “Judai ram aţang te, Jerusalem khua aţang te, Tura leh Sidon khawvêl aţang tein mipui tam tak a hnênah an lo kal ve a” (3:7-8).

Heti tak maia tam mipuite hian engtin nge Isua chanchin leh Pathian ram thu an lo hriat ni ta ang le? Isua hun laiin tunlaia kan neih ang chanchinbu leh TV te, social media te a la awm ve lo va. An hriatna hnar ber ni âwma ngaih theih chu ‘tlangkam’ (*rumor*) a ni. Chuti a nih chuan Pathian ram Chanchin Ṭha, tlangkama a darh dân kha buh chi thehtu tehkhin thuin a sawi a nih hmêl. Tlangkam thu-ah chuan kawng dunga tla te, pialtlêp lei ro leh hling zinga tla pawh an awm ngei ang, rah an chhuah zo lo fo va. Lei ṭhaa tla erawh chuan a lêt tam takin rah a chhuah a ni.

Endnotes:

- 1 Jeremias, J. *The Parables of Jesus*. Rev. Ed. London: SCM, 1964 (Ger. 1958).
- 2 Payne, P.B. “The Order of Sowing and Ploughing in the Parable of the Sower.” *NTS* 25 (1978): 123-129.
- 3 White, K.D. “The Parable of the Sower.” *JTS* 15 (1964): 301-305.

ZAWHNA LEH CHHANNA

Zawhna : *Thlarau Thianghlina Baptisma tih thu hi eng nge a awmzia?*

Chhanna : Bible-in ‘Baptisma’ tih thu a hman dân chu thil tih ãanna emaw, thil bul ãanna emaw kâwkin a ni a, hei hian tuia baptisma leh Thlarauva baptisma chan a huam ve ve a. Bible khawi hmunah mah Thlarauva baptisma hi chan nawn tur anga a sawina a awm lo.

1 Korinth 12:13-ah, “Taksa pumkhata awm turin Thlarau pakhat chauhvah baptis-in kan awm ðeuh si a,” tih kan hmu a. Helai a ‘baptis-in kan awm’ tia baptisma chan thu a sawina hi Grik ãawng bul lamah chuan ‘thil tih zawh tawh sawina’ a ni. King James Version chuan ‘tuna thil tih lai mêk’ sawina angin a letling a, chu chu lehlin dân dik lo a ni. Hetah hian chhinchhiah tur thil pahnih a awm a, pakhatna chu Thlarauva baptisma chan hi Pathian pakhata Mi nung pathumte chêt hona leh thawh hona a ni. Pahnihna chu baptisma chan hian mi zawng zawng a huap vek a ni. Thlarauva baptisma chan thu-ah hian tuna kan dinhmun leh nihna leh a taka kan thil tawn mêk sawina aiin Pathian hmaa kan dinhmun sawina a ni zâwk mah.

Thlarauva baptisma chungchangah hian ngaih dân leh pawm dân a inchen lo hle niin a lang a, sawi pawh a hlawh hle. Mi ðhenkhat chuan piantharna nêna thil chan thuhmun niin an sawi a, a ðhenin pianthar hnua chan niin an sawi baw a. Pathianin mi a hman tak tak hmian thlarauva baptisma chan phawt ngai (tûl) titu an awm baw a. Thlarauva baptisma hi Thlarau thilpêk eng emaw talin a zui zêl (ziah) nia ngai an awm baw a, chûng mite chuan Thlarau thilpêk pakhat tal an chang (dawng) turah an ngai a, chu chu an nunah lang chhuak (hmuh) tur a awm loh chuan Thlarauva baptisma a chan theih loh an ti baw.

Pianthar hnua Thlarauva baptisma chang anga sawina hi Tirhkohte Thiltih bu sawi dân nêna a inrem chiah lo va, Paula sawi dân nêna

pawh a inmil lo. Paula lehkathawn khawi laiah mah hian ringtute chu Thlarauva baptisma chang tura tih an ni lo va, a teuh ber chu Ephesi 5:18-a mi hi a ni a, chu lah chu Thlarauva khata awm tura fuihna thu a ni a, baptisma thu sawina a ni lo. Paulan baptisma thu chu a sawi ngei a; mahse, ringtute tân chuan baptisma pakhat chauh a awm thu a sawi si a ni (Eph. 4:5). Bible-a Thlarauva baptisma chang tih thu kan hmuh chhun chu 1 Korinth 12:13-a mi kha a ni mai a. Hei hi piantharna kan chan ruala chan a ni a, hemi ÷um hian Thlarau Thianghlimin kan khat nghâl thei a, kan khat nghâl tur pawh a ni. A hnuah tikhah nawn kan ni ang a, a famkima kan khah vek thlengin kan khat nawn zêl dawn a ni. Baptisma chu vawi khat chan a ni a, Thlarau Thianghlima khah erawh chu vawi tam tak chan nawn chi a ni.

Mi ÷enkhatin ‘Baptisma chan vawi hnihna’, ‘hriak thih ÷um hnihna’, ‘malsâwm ÷um hnihna’, ‘kawngaihna thiltih vawi hnihna,’ tih ÷awngkamte hi an hmang fo va. Hêng ÷awngkamte hi Bible-in a hmang chiah lo niin a lang; mahse, mi ÷enkhatin hêng ÷awngkamte hi Thlarauva khah thu sawi nân an hmang a ni mai thei. Mahse, chu chu a dik tâwk lo. Eng pawh ni se, a ÷awngkam ai hian Thlarauva khah hi a pawimawh zâwk. ÷awngkam hrang hrang hman hian mite rilru a tihbuai theih avângin hman loh hi a ÷ha ber a, kan hmang dawn a nih pawhin Bible sawi dân hman ve mai hi a him ber fo a ni. Paula chuan Thlarauva baptisma leh piantharnaah kan thil chan hi thil hrang daih niin a sawi lo. Piantharnaah hian Thlarauva tikhah kan ni a, chu chu tikhah nawn zêl tur a ni a, tihfamkim kan nih thlenga tikhah zêl tur kan ni. Chuvangin, **‘Baptisma vawi khat, Thlarauva tikhah erawh chu vawi tam tak’** tiin an sawi ÷hîn.

– *THT*

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